

My Simple Philosophy of Organizing!

I read an article recently where the author expressed her sincere surprise of how she felt after she established an organizing system in her home. First, she was hopelessly doubtful about the task at hand. Then, after she organized her space, she became aware of the anxiety that she was holding and the realization that the organizing process was important.

The organizing process should not be looked at as wasting time. It should be looked at as a process to go through to clear old emotions and incomplete tasks from life so to move forward.

Here is my simple philosophy about organizing.

1. Keep it simple - the simplest solutions are usually the best.
2. I look at each item, group it with other similar items.
3. Then, I move on and find a 'home' for the 'like' items. I make sure each group has a place it can be returned to after it is used. That is it! Very simple!

Therefore, I enjoy organizing, not for the process of organizing, but for how it makes me feel afterwards. The feeling of accomplishment and relaxation from removing the old stagnant incomplete tasks from my space, is wonderful!

To be organized, does not mean I label every square inch of my home and office nor does it mean I need to spend countless hours organizing. Organizing is a skill that allows me to free up my time to do more important things in my life!

Have a productive month!
Sabrina M. Quairoli

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Try It...Organizing

Walk around your space starting from the left side toward the right, see if there is unused items or things that need to be put away. Handle each item you encounter.

Monthly Quote

"Don't agonize. Organize."

Florynce Kennedy
(2/11/1916—12/22/2000)

Source: <http://www.quotationspage.com>

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