



Enlightened Newsletter

"Make Your Home an Oasis"

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With the stress we are all under when we are in a recession, it is a great time to make our home an oasis, a place to escape from the pressures of life. Here are 4 of my favorite ways to make my home a place of peace and tranquility.

1. Remove the clutter of unfinished projects laying around the home. Decide whether you will actually finish them or if you will just give up on them. If you give up on a project, get rid of or repurpose those items. If you are planning on finishing them, make a list of projects to be completed. Be sure to write a date on when you want to complete it.
2. Repair those zero cost small projects around the house. Pull out the left over paint and touch up the molding and paint around the house. If you have too many to remember, make a small projects list with due dates. Leave the list in a place where everyone can add to it.
3. Revisit those dark spaces in the house. Check out your closets, garages, basements, and attics to review the items in there. If there are items you do not want, consider selling, giving or donating them as soon as possible.
4. I am a fan of Yard or Flea Market sales. Many people have yearly yard sales to remove their clutter and make some extra money.

Whatever you decide to do, every completed project will bring you one step closer to the tranquil home you may desire. I hope your home is an oasis. *Sabrina*



"Home is where the heart is"

Quote of the Month

When we are unable to find tranquility within ourselves, it is useless to seek it elsewhere.

Francois de La Rochefoucauld (1613 - 1680)

Source: www.quotationspage.com

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