

June, 2011



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#### Quote

**"Just as pieces stitched together in a quilt warm our bodies, scrapbooks bind together memories to warm our hearts."**

~Author Unknown

Source:  
<http://www.quotegarden.com>

#### Try It...Organizing

5 minute organizing!

Go through your photos and sort by event while watching TV.

# Enlightened News

## Monthly Newsletter

### Inspiring People to Improve Their Quality of Life

Dear {FIRST\_NAME|Valued Customer},

When we moved to our house over 15 years ago, I struggle with how much to keep when it comes to memorabilia. Back then, my keepsakes were so important to me that I did not want them to get ruined just because I placed it in the wrong place. So, over the years, I learned to only keep one or two small objects that would remind me of a precious memory, like a special ribbon or diploma from my graduations and my wedding dress and album from my wedding.

As the years passed and my kids were born, everything changed. What do I keep? What would they want when they are older? All these questions were rolling around in my head while looking at the precious memories.

I decided only to keep one or two mementos from each event like their "firsts". The first day home outfit, the baptism outfit, first gift fine jewelry, first cub-scouts pine car, first award, and first recognized artwork were a few of what was kept.

Then, I came across tons of greeting cards. What should I do with all these lovely cards from my loving family and friends? One day, I had an idea to pick one or two unique images on each greeting card, cut them out, and create a collage scrapbook page that could be added to their scrapbook binder. Adding images and words like birthday age, happy birthday, sayings, best wishes, and cute images were all great things to remember the event.

Photos were next. How should I store them? First, I looked through the digital photos and deleted any that were blurry, unfamiliar people, and ones that I did not truly love. I made a folder using the year, month, and day in the folder titles before the event title. So, when the computer system would sort the folders, it would display in chronological order.

I then picked a small amount of photos and developed those photos for my scrapbook pages. One or two pages worked best for each event. Usually birthdays were two pages. I found three to five photos for each event worked wonderfully for each scrapbook page.

Next month, I will discuss having a kid's memorabilia bin, how to organize kid's artwork, and having your home movies organized.

**Sabrina M. Quairoli**

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**Looking for help organizing your home! We will give you a hand!**

Look at your home, are you happy with the items around you? If not, we can help you change your space by setting up groups, asking you the



questions that help you make the decisions, and give you the resources to get rid of the items. Check out [our website to schedule a one on one organizing session!](#)

Please remember this newsletter is for information purposes only and is intended to motivate you to get and stay organized. If you feel overwhelmed in any way in your life or office, please consult a professional.

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