



## Enlightened Newsletter

### "What Happened to Our Conversations"

These past couple of months, I noticed my lack of wanting to communicate with others by phone or email. Could this be because of the different ways to see what others now-a-days are doing without having to ask. Years ago, talking on the phone for hours and going on shared adventures were the main form of communicating with my friends and family. Where have those days gone? Where are we rushing to that we do not have the time to communicate with others on a deeper more meaningful level?

I don't understand all of these websites that say "get closer to your friends and family by writing your quick comments about what you are doing". How can you get close to someone without being able to see them and experience new things with them first hand? Are we really getting closer or are we devaluing our friends and family by saying, "Find out what I am doing online instead of telling me directly—I don't have time for you right now".

I noticed that with all the different "networking" sites, people have lost the value of slowing down and catching up with one another more deeply. The one sentence or cryptic remark has now become standard. Will all of us lose the ability to really communicate with others clearly? Will there be more misunderstandings in the future because of our lack of verbal communication experience?

Something to ponder over while dealing with this modern age. I hope you can see the irony in me writing this topic in an e-newsletter. Have a great month!

*Sabrina*

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"Fun in the Sun"

### Quote of the Month

Talking much about oneself can also be a means to conceal oneself.

Friedrich Nietzsche (1844 - 1900)

Source: [www.quotationspage.com](http://www.quotationspage.com)

## Look at Our Services



**Personal Assistant:** Need help with weekly or monthly chores. Confidential Personal bill paying and Reconciling checking and credit card accounts, Setting up and tracking investment accounts in Quicken, Running errands, Movie cataloging, Customized grocery lists, Customized calendar design. **No contract.** \$35.00/hour (on-site work) and \$25.00/hour (Virtual & off-site)! [Contact us](#)



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**Administrative Support:** Mail sorting and Reconciling business and personal checkbooks, Small organizing projects, Accounts payable, Accounts receivable, Data entry, Creating and maintaining Filing systems, Typing documents (emails & letters) Creating documents in Microsoft Excel or Word, Website updates. \$35.00/hr (on-site work) and \$25.00/hour (virtual & off-site)! [Contact us](#)

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